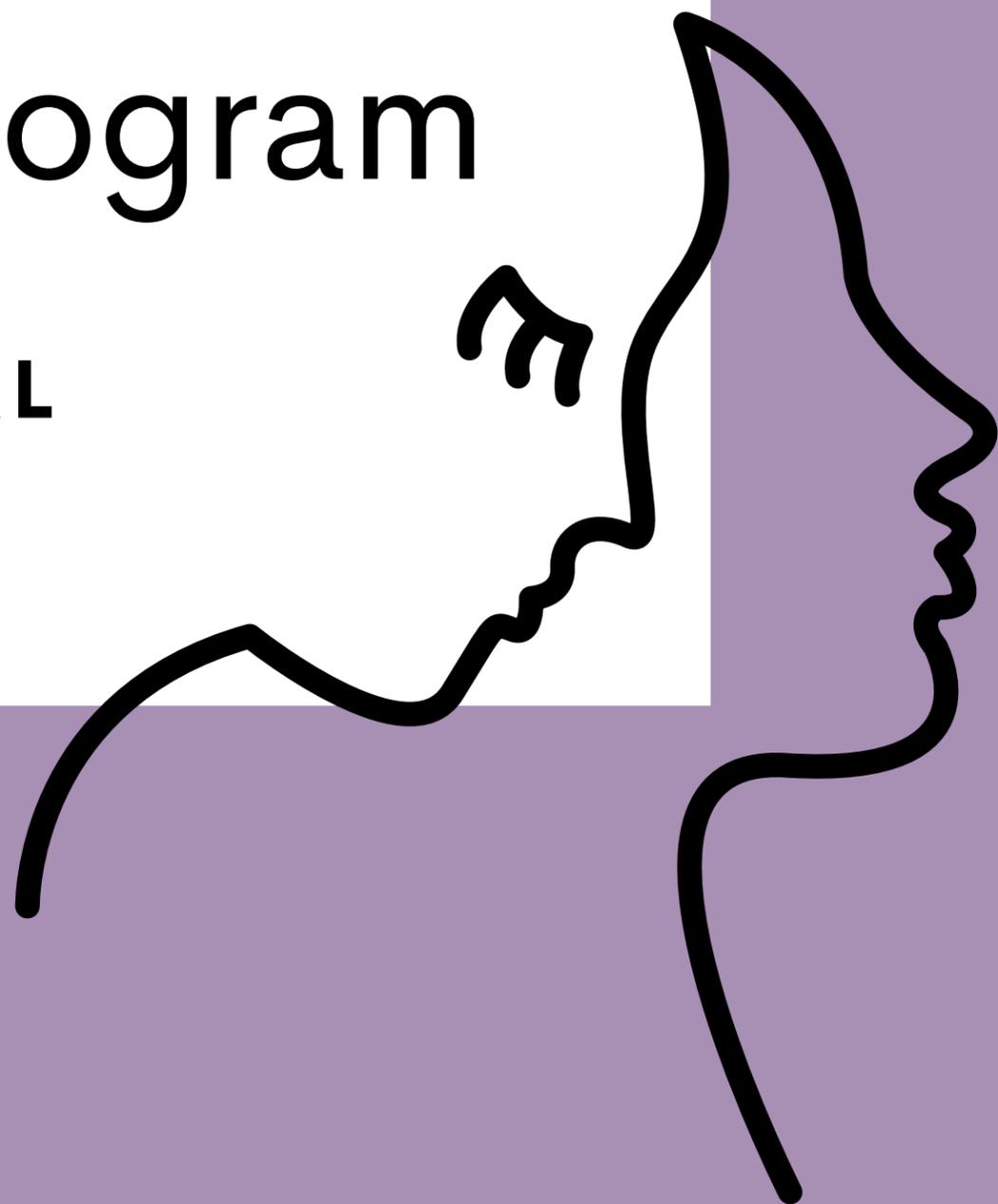


Azelene Williams

FROM FEAR TO FREEDOM

Prevention of Intimate Partner Violence Program

PROPOSAL



**Author, Holistic Counsellor, Social Worker,
Youth Mentor, Domestic Violence Advocate,
Lived Experience Presenter and
Prevention of Intimate Partner Violence Program Facilitator**

Azelene Williams Bio

In addition to being a wife and mother, Azelene is a highly passionate, people-centred professional who has acquired over nine years' experience delivering community programs and services. Inspired by her own personal traumatic experiences, she is determined to pursue social justice whilst supporting individuals to build their confidence, capabilities, and skillset in achieving desired outcomes from their own fear to freedom.

Azelene is an internationally published author, a registered Holistic Counsellor, and has completed a Bachelor of Social Work at ECU in 2020. She uses her lived experience and theory related to Family and Domestic Violence to educate others.

She shook the hands of many politicians, including Australia's current Prime Minister Scott Morrison and the former Prime Minister Malcolm Turnbull.

In 2018 she was a guest at the Lodge in Canberra, the primary official residence of the Prime Minister of Australia. She has visited Parliament House in Perth and Canberra as a guest of Senator the Hon Michaelia Cash, Attorney-General of Australia and Minister for Industrial Relations.

Azelene has been interviewed on Channel 7, Channel 9, Channel 10, SBS and ABC TV, and most well-known radio stations and newspapers, nationally and internationally, as the CEO and Co-founder of Kidzucate.

Azelene has spoken and delivered programs in schools, universities, organisations, corporate companies and events, locally and internationally. She has set up a charity from scratch and organised amazing fundraisers over the years.

Highly regarded both off and online, her friends and followers describe Azelene as inspirational, particularly her expertise at empowering men, women and children all over the world. They say; "Azelene is a kind-hearted, pro-active and honest person, who is creating opportunities for people she advocates for whom sees no hope". The Author of 4 published books, Azelene, has received numerous awards and nominations over the years.

Azelene's passion is to educate teens and adults about:

- Healthy relationships
- How to identify an abusive relationship
- Putting strategies in place to break free
- Provide them with information on appropriate support services

She has proven success in developing strong, trusting relationships with individuals from diverse age groups, organisational levels, cultural heritages, and socio-economic backgrounds by combining exceptional communication, interpersonal and mediation skills with industry-leading therapeutic methodologies. As a social activist, Azelene is determined to make a positive impact on individuals and communities.

Originally from South Africa, Azelene lived in the Middle East before settling in Perth, Western Australia, in 2011 with her husband and daughter.

As a teenager, after experiencing three and a half years of physical and emotional abuse at the hands of her boyfriend (her first romantic relationship), Azelene came out a much stronger person whose life's ambition as an activist in the field of domestic and family violence, is to have a positive impact on both today's and future generations.

Azelene's message to men, women and children who are touched by domestic and family violence is:

- "Do not ignore the warning signs
- Speak up and never lose hope
- Somewhere out there, there is always someone you can trust, who will listen and who will believe you.
- Be kind to yourself
- Get help and get out!
- There is NO excuse for any form of abuse
- Violence and abuse in an intimate partner or personal relationship are NOT your fault
- The person abusing you is doing it because they chose to do so. It's not because they were triggered by anything you said or did.
- I know it's scary to leave, and I know it's dangerous. However, with the right support, you will get through it".

Lived Experience Presenter and Prevention of Intimate Partner Violence Program Facilitator

Azelene is an engaging presenter. Throughout Azelene's sessions, she draws on her personal experience as a survivor of intimate partner violence as a teenager.

In her lived experience presentation, she talks about key concepts, theory and different forms of abuse and connects them to her lived experience.

She explains the cycle of abuse in-depth and presents her speech to the audience with a passion you can feel in the room.

All presentations conclude with an open question time, where the audience has the opportunity, and are encouraged to ask questions that will assist them to further understand intimate partner violence.

Reviews

"It was good learning these things from someone with actual life experience. Usually, it's coming from someone who thinks they understand it but has never experienced it." Student Year 10

"Your story really inspired me. You are amazing and so strong. I was especially inspired when you said: If you had a choice to relive your life you would choose the same. Just so you could help us and protect youth through your story and what happened to you! That was powerful THANK YOU". Student Year 12

I loved hearing your story, I thought it was powerful and really inspiring, however, it was also very sad. I really admire your courage and being able to talk about what happened to you! Student Year 12

Workshops Options

Workshops Times:

- 1-Hour Lived Experience Presentation
- 2-Hour Lived Experience Presentation and basic FDV training
- 3-Hour Prevention of Intimate Partner Violence Workshop activities and Lived Experience short version
- 4-Hour Prevention of Intimate Partner Violence Workshop activities and Lived Experience long version

Workshop Content:

- Define Family and Domestic Violence (FDV)
- Key Statistic
- Types and Indicators of Abuse
- Consent and Coercion
- Social and Cultural Norms and Stereotypes
- The Effect of Domestic and Family Violence
- The Cycle of Abuse
- Screening for Domestic Abuse
- Recognise - Respond – Record – Report - Refer
- Safety Planning Checklist
- Healthy Boundaries
- Moving Forward
- Resources

A workshop can be tailored to meet your specific needs.

Educational Background:

Bachelor of Social Work Institution: ECU - 2020

Dip. Community Services Work Institution: TAFE - 2014

Cert. Sexual Intelligence: Relationships Australia - 2013

Dip. Holistic Counselling: Sophia College - 2012

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